



Activated Life Experiences

Arenal Volcano Experience Family Package 4 Day/ 3 Night Trek

All Tours available.

Itinerary includes Air-conditioned private transportation for all days in Arenal.

Day 1

Transfer from San Jose to Hotel Arenal Springs or similar in Arenal

3 night accommodations at Hotel Arenal Springs with daily breakfast included.



Located at only 2 and-a-half hours from San José, the hotel Arenal Springs offers the perfect combination between relaxation, comfort, and exuberant tropical scenery, as well as the best view of the Arenal Volcano from any vantage point in the premises. The Hotel Arenal Springs features colonial style rooms, with all the amenities that one can expect from a 60 room mountain retreat, (6 rooms are specially designed for the handicapped). All of our rooms have been built facing one of the best views possible to the Arenal volcano, this volcano

displays constant eruptions that are a true show of nature the Arenal Volcano has been active since 1968 and today its one of the most active volcanoes in the world. You can be a front seat spectator of this show from the comfort of your terrace at hotel Arenal Springs.

Each room can accommodate up to five people, and they feature their own terrace, king or queen size beds, air conditioning, cable TV, ceiling fan, refrigerator, telephone, security box, private bathroom, hair dryer, and lush tropical gardens and don't forget the amazing view of the Arenal Volcano.



Day 2

Morning Activity:

Pure Trek's Waterfall Rappel/Canyoning Trip Join Pure Trek Canyoning as we explore the secrets that lie hidden in the depths of a Rainforest canyon.

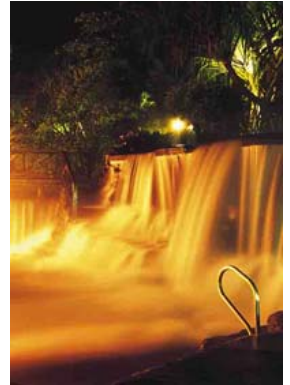


Since 2001 Pure Trek has been leading the new multi-sport adventure "Canyoning" by rappelling and hiking in this spectacular canyon. You will rappel down some of the most spectacular waterfalls in Costa Rica! You will be moving through a "slot" canyon in a rainforest jungle hidden in the mountains above the small town of La Fortuna below the famous Arenal Volcano. *"... a big rush... this tour is wet and adventurous!"* Frommers Costa Rica

Afternoon Arenal Volcano hike tour with Eco-Termas Hot Springs with dinner



The Arenal Volcano has been active since 1968, the year it woke up from its 400 year long slumber. Currently it is constantly erupting gases, water vapor and pyroclastic material. This tour will teach you about the Arenal volcano and its geological history. It will also give you an insight into its impact on the surrounding communities and ecosystems.



After the tour you will enjoy a 2 hour healthy and relaxing soak in Eco-Termas and mineral rich thermal pools. Imbedded in beautifully manicured gardens, the thermal pools vary in temperature, depth and mineral counts, so feel free to wonder around until you find your favorite pool. From the pools you will be able to see Arenal Volcano's lava flow and hear its thunder After the thermal pools you will be treated to a dinner at Eco-Termas restaurant.

Day 3

Full day Rafting tour class III-IV at Toro River by Wave Expeditions



Our journey begins with a scenic drive through the Eastern portion of central Costa Rica. We will travel through the beautiful pineapple, papaya and yucca fields

Volcano Arenal set in backdrop. Once we destination, our trianed/skilled guides review the rules and guidelines for the river. will tak the PLUNGE down river. We will spectacular scenery and



with the reach our will safety Then we and head enjoy the a thrilling

ride. Halfway through our journey we will "re-fuel" on the river bank and enjoy some delicious tropical fruit while soaking in the tropical surroundings. At the end of our journey we will indulge in ice cold refreshments followed by a Typical Costa Rican lunch filled with Gallo Pinto and fresh fruits. So come challenge yourself and RIDE THE BULL!

Day 4

Morning Canopy tour with Arenal Eco-glide Canopy tour.



Located in La Fortuna, in the town of San Carlos you will find Arenal Ecoglide Park is one of Costa Rica's newest adventure parks. Arenal Ecoglide Parks canopy is built following the highest standards, approved by I.C.T. (Instituto Costarricense de Turismo) and insured by I.N.S. (Instituto Nacional de Seguros) providing major security to our customers.

The canopy tour not only offers you a great adventure but also an opportunity to observe all the animal life in its natural habitat. Each platform has been designed so that you can observe the forest from different angles allowing you to photograph the impressive scenery. Discover what adrenalin

really means to nature lovers.

Transportation to San Jose

Afternoon Private transfer from **Hotel Arenal Springs or similar in Arenal** to San Jose area.

Optional Day Treks if not Canyoning/Waterfall Rappel, Canopy or Whitewater Rafting

Hanging bridges tour

The Hanging Bridges project consists of eight (8) fixed bridges, ranging in length between 8 and 22 meters, and six (6) hanging bridges, built with the latest techniques and designed with an eye for both beauty and safety. The hanging bridges are between 48 and 98 meters long. All the bridges are made of galvanized steel and high-strength aluminum. The safety mesh and the suspension cables are all galvanized steel. The entire project was designed to blend with the natural environment, leaving the forest virtually intact. The trails, covering a distance of about 3.1 kilometers, are right inside the forest. As you walk, you be able to appreciate the great diversity of flowers and wildlife that are typical of the rain forest. Given the roughness of the terrain, the trails are joined by the eight fixed bridges and six hanging bridges described above. The trails have been laid out with a maximum grade of 7 degrees, so that anyone can walk on them.



ARENAL Horseback Riding Tour

This horseback tour is real different from the others. We departure from a private farm in front of the Arenal Paraíso hotel this adventure takes from 2 and a half to 3 hours and the whole tour is done completely in the slopes of the Arenal volcano not on conventional roads but in a mountain trail that was use many years ago by the pioneers of these region.



Cross rivers and beautiful landscape admire the Arenal volcano from a real close perspective enjoy this primitive area on a horse. During the trip you will arrive at view point from here we can clearly see the dry lava from past eruptions.

This tour is really exciting we invite you to mount today and saddle your way into the slope's of the Arenal enjoy this wonderful adventure that has a taste of the wild west but it takes place in the tropics. Ride and conquer the Arenal today.

Venado Caves Tour

The Venado Caves were formed during the Miocene period, 15 to 20 million years ago. For many, many years they lay under sea level and slowly surfaced due to tectonic plate movements. The Guatuzo aborigines were the first people to discover the caves. Today the limestone rocks, stalactites, stalagmites and corals that form most of the caves attract tourists and locals to this natural cathedral shaped by underground rivers.



The length of the tour inside the caves is about 2 to 3 hours. During this time you will discover marine fossils, impressive underground formation and the usual cave dwellers: bats, spiders and crickets.

Notes:

We can provide a "Typical" Costa Rican singing group from the local area. They are around the ages of the students and sing local songs of the La Fortuna area as well as other National Costa Rican songs. They also play instruments from Costa Rica, it is a very fun and educational experience. We can do this if we have a minimum of 3 families. We will also provide dinner to complete the experience. This is for the family trip only, in the La Fortuna - Arenal Volcano itinerary.

Package Pricing

\$837/person

(based on a family size of four)