



Activated Life Experiences

Arenal Volcano Experience Student/Teacher Packages 4 Day/ 3 Night Trek

All Tours available.

Itinerary includes Air-conditioned private transportation for all days in Arenal.

Day 1

Transfer from San Jose to Hotel San Bosco or similar in Arenal

3 nights accommodations at **Hotel San Bosco** or similar with daily breakfast included.



We are situated in the centre of La Fortuna , which is a beautiful quiet, traditional town only 15 minutes away from the majestic Arenal volcano. Our advantageous location allows our guests easy access to local services.

Our friendly staffs are always on hand to give advice and make sure your stay in La Fortuna is

unforgettable Enjoy yourselves in our warm, relaxing Jacuzzi or one of pools overlooking the beautiful and impressive Arenal volcano.

A warm welcome and delicious breakfast is waiting for your morning which you will enjoy in the fresh air and breathtaking surrounding scenary



Day 2

Morning Activity:

Pure Trek's Waterfall Rappel/Canyoning Trip



Join Pure Trek Canyoning as we explore the secrets that lie hidden in the depths of a Rainforest canyon.

Since 2001 Pure Trek has been leading the new multi-sport adventure "Canyoning" by rappelling and hiking in this spectacular canyon. You will rappel down some of the most spectacular waterfalls in Costa Rica! You will be moving through a "slot" canyon in a rainforest jungle hidden in the mountains above the small town of La Fortuna below the famous Arenal Volcano. "*... a big rush... this tour is wet and adventurous!*"

Frommers Costa Rica

Afternoon Arenal Volcano hike tour with Eco-Termales Hot Springs



The Arenal Volcano has been active since 1968, the year it woke up from its 400 year long slumber. Currently it is constantly erupting gases, water vapor and pyroclastic material. This tour will teach you about the Arenal volcano and its geological history. It will also give you an insight into its



impact on the surrounding communities and ecosystems.

After the tour you will enjoy a 2 hour healthy and relaxing soak in Eco-Termales and mineral rich thermal pools. Imbedded in beautifully manicured gardens, the thermal pools vary in temperature, depth and mineral counts, so feel free to wonder around until you find your favorite pool. From the pools you will be able to see Arenal Volcano's lava flow and hear its thunder

Day 3

Full day Rafting tour class III-IV at Toro River by Wave Expeditions



Our journey begins with a scenic drive through the Eastern portion of central Costa Rica. We will travel through the beautiful pineapple, papaya and yucca fields with Volcano Arenal set in the backdrop. Once we reach our destination, our trianed/skilled guides will review the rules and safety guidelines for the river. Then we will tak



the PLUNGE and head down river. We will enjoy the spectacular scenery and a thrilling ride. Halfway through our journey we will "re-fuel" on the river bank and enjoy some delicious tropical fruit while soaking in the tropical surroundings. At the end of our journey we will indulge in ice cold refreshments followed by a Typical Costa Rican lunch filled with Gallo Pinto and fresh fruits. So come challenge yourself and RIDE THE BULL!

Day 4

Morning Canopy tour with Arenal Eco-glide Canopy tour.



Located in La Fortuna, in the town of San Carlos you will find Arenal Ecoglide Park is one of Costa Rica's newest adventure parks. Arenal Ecoglide Parks canopy is built following the highest standards, approved by I.C.T. (Instituto Costarricense de Turismo) and insured by I.N.S. (Instituto Nacional de Seguros) providing major security to our customers.

The canopy tour not only offers you a great adventure but also an opportunity to observe all the animal life in its natural habitat. Each platform has been designed so that you

can observe the forest from different angles allowing you to photograph the impressive scenery. Discover what adrenalin really means to nature lovers.

Transportation to San Jose

Afternoon Private transfer from **Hotel San Bosco or similar in Arenal** to San Jose area.

Optional Day Treks if not Canyoning/Waterfall Rappel, Canopy or Whitewater Rafting

Hanging bridges tour

The Hanging Bridges project consists of eight (8) fixed bridges, ranging in length between 8 and 22 meters, and six (6) hanging bridges, built with the latest techniques and designed with an eye for both beauty and safety. The hanging bridges are between 48 and 98 meters long. All the bridges are made of galvanized steel and high-strength aluminum. The



safety mesh and the suspension cables are all galvanized steel.

The entire project was designed to blend with the natural environment, leaving the forest virtually intact. The trails, covering a distance of about 3.1 kilometers, are right inside the forest. As you walk, you be able to appreciate the great diversity of flowers and wildlife that are typical of the rain forest. Given the roughness of the terrain, the trails are joined by the eight fixed bridges and six hanging bridges described above. The trails have been laid out with a maximum grade of 7 degrees, so that anyone can walk on them.



ARENAL Horseback Riding Tour



This horseback tour is real different from the others. We departure from a private farm in front of the Arenal Paraíso hotel this adventure takes from 2 and a half to 3 hours and the whole tour is done completely in the slopes of the Arenal volcano not on conventional roads but in a mountain trail that was use many years ago by the pioneers of these region.

Cross rivers and beautiful landscape admire the Arenal volcano from a real close perspective enjoy this primitive area on a horse. During the trip you will arrive at view point from here we can clearly see the dry lava from past eruptions.

This tour is really exciting we invite you to mount today and saddle your way into the slope's of the Arenal enjoy this wonderful adventure that has a taste of the wild west but it takes place in the tropics. Ride and conquer the Arenal today.

Venado Caves Tour



The Venado Caves were formed during the Miocene period, 15 to 20 million years ago. For many, many years they lay under sea level and slowly surfaced due to tectonic plate movements. The Guatuzo aborigines were the first people to discover the caves. Today the limestone rocks, stalactites, stalagmites and corals that form most of the caves attract tourists and locals to this natural cathedral shaped by underground rivers.

The length of the tour inside the caves is about 2 to 3 hours. During this time you will discover marine fossils, impressive underground formation and the usual cave dwellers: bats, spiders and crickets.

Package Pricing

\$700 - 760/person

(based on double occupancy)