



Activated Life Experiences

**La Tirimbina Rainforest Experience
Student/Teacher Package
4 Day/ 3 Night Trek**

Accommodations: Tirimbina Field Station. www.tirimbina.org



The field station is a perfect place for those who like to have a little more contact with nature.

Day 1

Morning transfer from San Jose area to La Tirimbina in Sarapaqui

Morning Activity:

~Visit to Poas Volcano National Park.

Lunch at Tirimbina

Afternoon Activity:

~Natural History Tour

Dinner at Tirimbina



Day 2



Breakfast at Tirimbina

Morning Activity:

~Whitewater Rafting on the Sarapaqui river.

Lunch at Tirimbina

Afternoon Activity(s):

~Chocolate Tour

-Indigenous Culture Museum

Dinner

Evening Activity:

-Bat Program

Day 3

Breakfast at Tirimbina

Morning Activity:

-Half day Scientific Program.

Lunch at Tirimbina

Afternoon Activity(s):

-Canopy Zip Lines at la Linda Farms

-Indigenous Culture Museum

Dinner at Tirimbina

Evening Activity:

-Frog's Adventure



Day 4



Early Morning Activity:

-Bird Watching

Breakfast at Tirimbina

Mid-morning Activity (choose one):

-Pineapple Tour

or

- Banana Tour

or

-Bijagual Reserve

Lunch at Tirimbina

Afternoon transfer from La Tirimbina in Sarapaqui to San Jose area

Package Pricing

\$640/person

(based on shared accomodations)